

11 COMMUNITY PRAYER

SONG: Sorry (Vidente Castellanos)

Cuando despierto en medio de nada
a veces tengo miedo del sol.
Su claridad, sus rayos, su fuerza,
enseñan bien cuál es la intención.
Y yo me aferro a mis propias normas,
no me detengo a implorar amor;
yo tan confuso, yo tan soberbio,
¡me cuesta tanto pedir perdón!

Lo siento, lo siento, oh, oh

Hay zonas que en el medio del alma
nunca deseo querer mostrar,
pedazos que traicionan al viento,
gritos que no quisiera gritar.
Estoy tan solo y sin esperanza

que no comprendo al que es como yo.
Construyo un muro, envuelto en el barro,
tan dividido en mi rincón.

Lo siento, lo siento, oh oh

Perdona nuestra culpa,
como nosotros perdonamos
a los que juzgan sin saber,
a los que obran con rencor.
Líbranos de la tentación
que habita en cada paso incierto,
pasos que damos sin mirar,
pasos que llevan hacia atrás.

Lo siento, perdón...

MONITION:

Forgiveness is the key to freedom and inner peace. To ask for forgiveness requires humility. Forgiveness requires mercy. Neither humility nor mercy are easy. Asking for forgiveness means acknowledging that you are a sinner. Forgiveness means having a heart like Christ's.

In the Our Father, Jesus Christ teaches us to ask: "Forgive us our sins as we also forgive those who offend us", since the forgiveness of sins and having forgiven are conditions for achieving inner peace and eternal salvation.

You ask us to be good Christians through the practice of evangelical charity.

May we be kind to those who have hurt us, to those who have offended us, betrayed us and hate us, otherwise we will not deserve that You are with us.

But, for this, we need your grace, your help, to be close to your mercy, and not to be alone, to feel the support of the community, because if you sent the disciples two by two, it was because in order to have authority over the spirits unclean, they needed not to lose your Spirit, and that is achieved through the brothers.

SILENCE

READING: Mt. 6, 9-15

Pray like this: Our Father who art in heaven, Hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread, forgive our offenses as we also forgive those who offend us, do not allow us to fall into temptation and deliver us from evil.

For if you forgive men their offenses, your heavenly Father will also forgive you; but if you do not forgive men their offenses, neither will your Father forgive yours.

SILENCE

CONSTITUTIONS:

60. We feel sinful, in need of forgiveness and of responding with fidelity to the project that the Lord has for us. This makes us feel the need to resort frequently to the Sacrament of reconciliation in which we celebrate God's forgiveness in Christ, which leads us in community life, to mutual forgiveness and to bear one another's burdens.

61. The community feels the need to organize weekly a strong time of prayer, in which we can meditate together on the Word of God and share our experience of faith.

62. We therefore commit ourselves to:

- Do 6 to 8 days of Spiritual Exercises every year, to reflect on the renewal of our calling.
 - Have a monthly retreat day.
 - Attend the Eucharist every day and receive Communion,
 - Dedicate time daily, at least thirty minutes to personal prayer,
 - Frequently visit Jesus in the Blessed Sacrament,
- Do examination of conscience daily,
- Honor the Blessed Virgin with the Holy Rosary or Sorrowful Crown, and the exercises of piety prescribed in the prayer book,
 - Participate in the exercises of piety prescribed in the prayer book,
 - Approach the Sacrament of Reconciliation, according to the sentiment of the Church for religious.

SILENCE

READING: (Instructions to the Mistress of Novices of Madre Dolores)

Teach them to confess frankly by simply saying their guilt without mixing useless stories, or repeating the same things many times: without interrupting the confessor when he admonishes or instructs them; and submit simply and promptly to his opinion

Accustom them to treat each other with great delicacy and great love, adhering to a virtuous condescension in all things that are not against the rule, and promote in them a holy joviality and cheerfulness full of composure.

Make them know well that true devotion and piety does not consist in the sensible sweetnesses of the spirit nor in being exempt from temptations and repugnance to virtue; but to overcome generously for the love of God even at the cost of blood and life.

Exercise them discreetly in the tiring and disgusting lower trades of the house, not to ravage them or hurt their stomachs, but to gradually accustom them to overcoming rebellious nature,

With these and other similar industries, he will gradually perfect these young women destined for the wives of Jesus Christ, adorning them with the virtues most pleasing to him and most rare in the world: so that, at the time of the oblation, they may truly offer God a treasure in their rich souls.

SILENCE

READING OF THE VITA CONSECRATA DOCUMENT:

(26) People who have dedicated their lives to Christ necessarily live with the desire to meet him to be finally and forever with him.

Hence the ardent waiting, the desire to "immerse oneself in the Fire of love that burns in them and that is none other than the Holy Spirit", hope and desire sustained by the gifts that the Lord freely grants to those who aspire to the things of above (cf. Col 3, 1).

(39) Consecrated persons "through their most intimate being, place themselves within the dynamism of the Church, thirsty for the Absolute of God, called to holiness. It is to this holiness that they bear witness".

The fact that all are called to holiness should further encourage those who, by their very choice of life, have the mission of remembering it to others.

(95) The fundamental means to effectively nurture communion with the Lord is undoubtedly the sacred liturgy, especially the Eucharistic Celebration and the Liturgy of the Hours. First of all the Eucharist, which "contains all the spiritual good of the Church, that is, Christ himself, our Passover and Bread of Life, who gives life to men", the heart of ecclesial life and also of consecrated life. Whoever has been called to choose Christ as the sole meaning of his life in the profession of evangelical counsels, how could he not wish to establish an ever more intimate communion with him through daily participation in the Sacrament that makes him present?

In the celebration of the mystery of the Body and Blood of the Lord, the unity and charity of those who have consecrated their existence to God is strengthened and increased.

SONG: Sorry

SILENCE

WE SHARE THE FAITH

OUR FATHER

PRAYER:

Father,
send your Spirit of love and forgive our sins,
purify us, heal us, restore us, renew us
with the Redemptive Love of your Son;
help us to have a heart like yours,
a humble and generous heart capable of forgiving,
tear from us the heart of stone
and give us a heart of flesh.
May we know how to lean on prayer and on the Sisters
to receive your Spirit and defeat evil.
Through Jesus Christ our Lord.
Amen.